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SENATOR WAS ON TORY TIME BUT ON WHOSE DIME?

HARPER GRILLED IN THE HOUSE PRIOR TO SENATE ASKING THE RCMP TO REVIEW MIKE DUFFY'S EXPENSES PAGE 3

The rescue vehicle of the Saskatoon Fire and Protective Services water rescue team can be seen carrying the body of a man, at the back of the boat, discovered in the South Saskatchewan River on Tuesday morning. JANE CAULFIELD/METRO

Students make grim discovery during canoe trip

North of Train Bridge. No foul play suspected after man's body pulled from South Saskatchewan River

MORGAN MODJESKI
morgan.modjeski@metronews.ca

What was supposed to be an enjoyable canoe trip for a group of high school students from Marion M. Graham Collegiate turned into a grim discovery on Tuesday morning after they found the body of an unidentified man in the South Saskatchewan River.

According to a press release from Saskatoon Fire and Protective Services (SFPS), the body was discovered floating in the river at roughly 11 a.m. and was retrieved by the SFPS's water rescue team shortly after discovery.

The release explained the Saskatoon Police Service (SPS) had received a call from a group of canoeists, who then indicated to police they had seen a body floating north of the CPR Bridge, better known as the Train Bridge.

The SFPS dispatched two engine companies to co-ordinate the search and on arrival, the teams found a body floating near the west bank close to the North Circle Drive Bridge.

Kelsie Fraser, media relations specialist with the SPS, said the major crime unit was on scene, but explained they were there as a "precautionary" measure.

"When human remains are located, we want to know what happened," said Fraser, noting although police have little information on the incident at this time, they are working with SFPS and the Office of the Chief Coroner to determine the cause of death.

Police say they may know the man's identity, but they cannot confirm the identity until an autopsy and fingerprints can be completed. Both are scheduled for tomorrow.

Veronica Baker, communications manager with Saskatoon Public Schools, said the students who found the body will be debriefed by school officials with counsellors present and said their parents had been contacted.

"The school administration has already been in contact with a parent for each of the students to make them aware of the situation," said Baker. When asked how the students were coping after the discovery, she said it's not something they can comment on.

"That's not something I know of or can be commenting on, but obviously we're going to be providing the supports that they need, as required."

Police say no foul play is suspected.

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NEWS 1

Latin dance congress will get your feet moving

Salsa and bachata. Competition and workshops in store at four-day extravaganza starting Thursday

JANE CAULFIELD
jane.caulfield@metronews.ca

With some of the world's best dancers convening in Saskatoon this weekend, the International Saskatchewan Salsa and Bachata Congress promises to thrill and impress with the rhythmic energy and sensuality of Latin dance and music.

"It is a fiesta pretty much every day of the four-day event," said Carmen Gonza, director of the congress.

Taking place May 30 to June 2, the congress features a major competition, a number of dance performances and a variety of dance workshops.

"These are world-class instructors. They love teaching beginners.... They are just going to make it fun for you," said Gonza. "This is for anybody that just wants to get exposed to something that is different that is quality."

With dancers visiting from countries such as Cuba and Colombia, Gonza says salsa and bachata bring people together, no matter where they are from or what language they speak.

"It's really good dynamics because they're all from different walks of life and different cultures, but the one thing that brings them together is (dance).... The only language that we speak at that moment really is the dance language," said Gonza.

She attributes the growing popularity of Latin-style dances to the fact that the music and the movements are full of energy and excitement.

"I believe there's always this love and a sense of adventure that people get when they get involved or when they get exposed to Latin dance and culture," said Gonza.

For more information about the congress or to purchase tickets, head to sasksalsabachatacongress.com.

Follow Jane Caulfield on Twitter @janecaulfield

Alexis Mora Blanco, who will be returning to this year's International Saskatchewan Salsa and Bachata Congress, teaches a workshop at last year's event. The congress takes place this year in Saskatoon from May 30 to June 2.
CONTRIBUTED/CHRISTINA WEESE

Benches to remain at problem corner

Alan Wallace METRO

Benches located at the corner of 2nd Avenue North and 22nd Street won't be going anywhere.

On Tuesday afternoon, all five councillors on the city's planning and operations committee unanimously axed a proposal to spend $40,000 to remove all streetscaping features from the corner in an attempt to prevent "inappropriate behavior."

Alan Wallace, manager of the city's planning and development branch, explained the proposal to remove the streetscaping was just one way the city can address the problem.

"It's not that this idea we thought would be overwhelmingly accepted, we just wanted to get it out there as an idea and have a discussion around this corner," said Wallace. "The city's overriding objective here is to make this corner safer — so we're looking at all options. We're not taking anything off the table."

While the Saskatoon Police Service says crime does occur at the corner, the committee heard the issue was more of a perception problem and city administration says there is only so much they can do through education.

"The perceptions that people have are their own," said Wallace. "There's not much we can do in terms of correcting that ahead of making other changes, so I think what we need to do is show that we're being proactive on the corner."

Wallace said the city will now be examining if other options, such as putting food carts or entertainment on the corner, are feasible ways to address the issue.

MORGAN MODJESKI/METRO

Investigation

Chemical dump site suspected

RCMP have been at an abandoned homestead near Strasbourg since May 25, examining possible hazardous chemicals and materials left behind from what might have been a clandestine lab or illegal chemical dump site.

A resident noticed several dead patches of grass and some unusual containers at the site on May 22 and phoned in the concern to the local RCMP.

As a precaution due to several unknown substances, a full lab team including specially trained personnel from the Saskatchewan Environment Ministry is currently investigating on the scene.

It is expected the investigation could take several days. METRO

Attempted-murder case

Preliminary inquiry awaits suspect

A preliminary inquiry has been set for a 32-year-old Saskatoon woman accused of trying to kill her six-year-old son.

Set for the afternoon of Nov. 20 and the morning of Nov. 21, the preliminary inquiry will determine whether there is enough evidence for the case to go to trial.

A release from the Saskatoon Police Service says the woman was charged with attempted murder and aggravated assault after officers attended a child-custody dispute in the 400 block of 9th Street East on March 28.

Officers entered the building and found the woman in the bathroom along with the six-year-old, both suffering from cuts and stab wounds.

The woman was in court on Tuesday morning but would not take questions.

MORGAN MODJESKI/METRO

No end in sight

VINCE TALOTTA/TORSTAR NEWS SERVICE

Police involvement

New twists in Toronto mayor crack scandal

The controversy around an alleged video appearing to show the mayor of Toronto smoking crack cocaine showed no signs of diminishing Tuesday as the leader of Canada's largest city sidestepped questions about a new twist in the scandal.

The Toronto Star reported a police investigation was triggered after two of the mayor's closest staffers discussed how to handle a tip about the possible location of the alleged video. Their discussion reportedly came one day after reports of the video first surfaced on May 16. THE CANADIAN PRESS

Worst. Birthday. Ever?

A handful of residents in party hats and streamers tried to crash a meeting of the mayor's executive committee to deliver a birthday cake — one frosted with an unusual message.

- Written in red and blue frosting were the words "Happy Birthday Rob, Please Resign."

THE CANADIAN PRESS

It's a must-see

"I think if we could just get the video then we could analyze the video, and see if it's doctored or if it's real."

Among those eager to see the video is Toronto's deputy mayor Doug Holyday, who believes a clip of some sort exists.

Showing them the money

$200K

Gawker reached a $200,000 fundraising goal to buy and post the clip on Monday but was having difficulty locating whoever claimed to have the video.

Senate sending Duffy's claims to RCMP for review

Expense scandal. From 2011-12, Sen. Mike Duffy asked for Ottawa-based living expenses for 49 days when he wasn't there

Senate officials confirmed they have found a troubling pattern of Sen. Mike Duffy improperly claiming living expenses, including several days in 2011 when he was campaigning across the country for the Conservatives.

Senators meeting at a committee late Tuesday voted to send the matter of Duffy's expenses to the RCMP, after hearing the new information.

Senate finance officials detailed how Duffy made claims for living expenses for his Ottawa home, while he was elsewhere in the country.

Duffy did not attend the committee meeting.

The Canadian Press first reported two weeks ago that Duffy had said he was on Senate business while campaigning with Conservative candidates. Shortly afterward, Duffy resigned from the Tory caucus.

But it wasn't until the latest report was tabled Tuesday night that an account was given on the days Duffy was claiming expenses.

During the 2011 election, Duffy asked for Ottawa-based living expenses on seven separate days when he was out of town. In total, in 2011 and 2012, Duffy made claims on 49 days he was not in Ottawa.

"It represents a pattern that raises concerns," the report says.

An independent audit by the firm Deloitte had raised the possibility that Duffy had been claiming expenses while not in Ottawa, but underlined that the senator had not provided them with adequate documentation and never met with auditors.

But the Conservatives in the Senate declared the matter closed shortly after receiving the audit, pointing to the fact that Duffy had repaid the $90,000 in living expenses.

The matter blew open again, however, when it was revealed that the $90,000 bill was actually paid with the help of the prime minister's then chief of staff Nigel Wright.

THE CANADIAN PRESS

More power needed

Witnesses not co-operating in robocalls probe: Elections chief

Canada's chief electoral officer is confirming for the first time that Conservative party workers have failed to co-operate with an investigation into fraudulent robocalls.

Marc Mayrand appeared before a House of Commons committee Tuesday where he asked MPs once again for legal changes that would give the elections watchdog greater power to compel testimony from witnesses.

Elections Canada has been seeking more investigative tools since 2010, without government movement.

"Indeed, the investigations into deceptive calls have made us keenly aware that the Commissioner of Canada Elections needs better tools to do his work," Mayrand said in his prepared remarks to the procedure and House affairs committee.

"Good rules are of little use if they cannot be enforced."

THE CANADIAN PRESS

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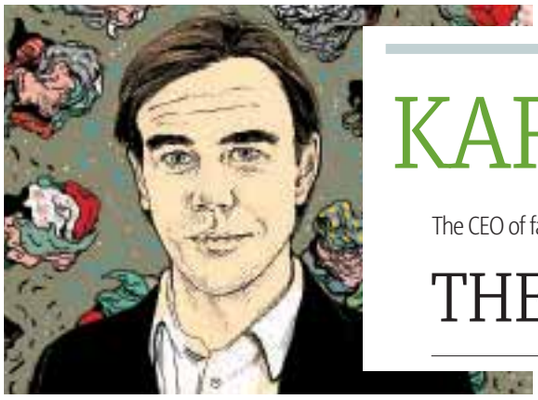

AGATA NOWICKA/ILLO.PL

KARL-JOHAN PERSSON

The CEO of fashion retailer H&M speaks to Metro about pricey brands and Bangladeshi factory workers

THE BUSINESS OF CHEAP CHIC

ELISABETH BRAW
Metro World News in Stockholm

Life is going swimmingly for Karl-Johan Persson, H&M's young, handsome CEO — despite the global recession, the cheap-chic chain is doing well. But the recent collapse of a garment factory building in Bangladesh has put H&M in the spotlight, even though the retailer didn't use the factory. Persson talks with Metro in an exclusive interview at H&M's headquarters in Stockholm.

Has the recession harmed H&M or has it instead benefitted you because people have turned to cheaper clothes?
When the whole apparel market diminishes it affects H&M as well, but at the same time I think more people discover H&M in times like these because they start questioning their clothing purchases. People want a good look with a good quality for a low price, and that's what H&M offers.

Last month a clothing factory collapsed and killed over 1,000 workers. Now H&M, the biggest manufacturer of clothes in Bangladesh, has signed an agreement where you agree to help your Bangladeshi suppliers pay for safety measures. Are the factories safe now?
The factory collapse was horrific, but our code of conduct bans use of factories in residential areas, so this was not an H&M supplier. But we've been working to improve conditions in Bangladesh for a long time. The major change with the agreement is that we join up with other buyers, with trade unions and with the government.

But isn't the problem that people want cheap clothes? Then it never makes sense for a company to use better factories.
Yes, but it's a common misperception that cheap brands use certain manufacturers and expensive brands use others. We're one of 30 to 40 companies buying from many of our suppliers. The workers' pay is the same regardless of which company is buying. What's interesting is not the price of the clothing item but what the company does. Don't look at the prices. Maybe I sound cocky, but I dare promise that no apparel company in the whole world does as much as H&M.

Quoted

"If you spot our top for $15 and one elsewhere for $150, people will think, 'These workers are much better paid.' But their pay is the same."
Karl-Johan Persson, CEO of retailer H&M

What does that look like for factory workers?
We've signed the new plan for building and fire safety in Bangladesh. And we demand that workers are paid the wages they should have. We're also involved in a social dialogue and educate workers about their rights. And we try to influence decision-makers. Recently I spoke with the Bangladeshi prime minister (Sheikh Hasina) about increasing the minimum wage.

Domestic flights

Air Canada told to increase payouts for bumping

Air Canada has been ordered to boost the compensation paid to passengers it bumps from overbooked domestic flights. The Canadian Transportation Agency ruled the existing practice of paying $100 cash or a $200 travel voucher is unreasonable in cases that are not due to operational and safety reasons.
THE CANADIAN PRESS

Market Minute

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CRACK SUMMER'S TO-DO LIST

JUST SAYIN'

Paul Sullivan
metronews.ca

If reading about Rob Ford has got you down, welcome to the Island of Sunny Sentiments, where the only thing we're thinking about today is where to go on our summer vacation.

In this, we're not alone. Across Canada, 5.2 million school kids are gazing out the window wondering the same thing.

Good idea, you're thinking. Anything beats another chapter of Ford Follies. Just one problem: too many choices. Once again, you've come to the right place. I'm an expert on Canadian getaways, having got to all of them except Newfoundland, which is always a bit out of reach.

To get you started, here are my top five Canadian summer-vacation choices (in no particular order). Feel free to chime in any time with your own. And don't forget to bring the beer.

Moraine Lake: Just 12.5 kilometres up (or is that down?) the road from its more famous sister Lake Louise in the Alberta Rockies, Moraine is a jaw-dropping postcard-perfect lake surrounded by 10 majestic, snow-capped peaks. It is so jaw-dropping, it was once featured on the back of the $20 bill, back when cash was cash and not plastic scented with a whiff of maple syrup.

Louisbourg: Parks Canada lists 167 National Historic Sites on its website. I haven't been to all 167, but the coolest I have been to is Louisbourg, the French fort on Cape Breton Island. The road to the fort is often shrouded in fog, so it's like travelling into the Twilight Zone to emerge 300 years in the past. In fact, this is Louisbourg's 300th birthday. Everything including the dinner menu is an authentic replica of the days before bilingualism when New France was more than a plank in Pauline Marois' platform. Actors recreate daily life in the fort and you're so swept away you forget to check your smartphone.

The Beach: Every province has one or more than one legendary strip of sand: Wasaga, Cavendish, Grand, Rathtrevor, Balmy, Winnipeg, Regina and, the mother of all beaches, Long Beach in Tofino and Ucluelet. Really long: 25 kilometres from one end of Radar to the other end of Wickaninnish. It's hard to single out a favourite, but I'm determined to spend the rest of my days trying.

Niagara-on-the-Lake: The classic tourist trap, but so what? It's a miracle this bucolic place still exists, so close to ... you know. Everyone here conspires to lighten your wallet, but unlike the Canada Revenue Agency and the cable company, they make you happy to oblige. Goes with other places that feature fudge: Niagara Falls, Granville Island, Banff, Lunenburg, etc.

The cottage: I grew up in one. My job was to haul water from a nearby artesian well and gather kindling for the fireplace. Now "the cottage" often sports a three-car garage and an indoor pool. But it's essentially the same idea. Go someplace simple and stay there until you feel better. And don't forget to bring the bacon.

ZOOM

Rolling on the floor owling

SWNS.COM

Friendship found in a dirty mop

This owl bears an uncanny resemblance to his new playmate, a mop, and thinks it's his sibling.

Lightning, a Siberian Eagle owl, got engrossed in the tool after spotting staff at the Screech Owl Sanctuary in Cornwall, southwest England, using it. The three-month-old chick was born in captivity as part of a breeding program. Lightning's attraction may be comical, but it's important for the bird's development, according to his owner.

"Young owls, like children, need this sort of playful enrichment when they are growing up and exploring the world," says Screech Owl Sanctuary head Carolyn Screech. "Everything is a big adventure, even this damp bundle of cleaning fabric."

METRO

Sanctuary staff floored

"The owl digs his talons into the mop, jumps on it and rides it while we clean the floors."

Carolyn Screech,
head of the Screech Owl Sanctuary

Clickbait

ANDREW FIFIELD
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A few days ago I mentioned Sid Meier's Ace Patrol in this space and I've since gotten a number of emails from people who have fallen hard for the dogfighting sim. So for those readers and others who enjoy the game, here are some other excellent turn-based strategy games for mobile.

Great Big War Game

If there's a must-have here, this is it. The gameplay is smooth, tactically tight and served up with a nice side of humour. The single-player campaign should give you about 40 hours' worth of conquering, but the truest joy can be found in the online multiplayer. ($2.99/iOS and Android)

Crimson: Steam Pirates

Halo developer Bungie has a pretty solid track record, and their swashbuckling steampunk plunder-fest only adds to it. Start with a small band of salty sea dogs and upgrade your way to a fleet of zeppelins and submarines. (Free/iPad)

Neuroshima Hex

A seamless version of a board game everybody should love, take a few spins learning the ropes of how to manage your hex-based armies and link their attacks before trying your hand at the inexhaustible supply of skilled players online. ($4.99 iOS/$3.18 Android)

Twitter

@metropicks asked: Canada was named one of the best places to live. Why do you think it deserves a top spot?

@AjokeDare: minus the cold weather, Canada is a safe place filled with nice ppl from all over the world.

@TimWadephul: friendly, caring, passionate people are what makes Canada great

@antinephalist: Because most of it isn't run by Rob Ford yet.

@SamanthaHalyk: Canada because we have great health care, a diverse landscape from coast to coast and poutine #yum haha

@_EricaAshley_: Its gotta be the people, definitely can't be the weather. Gets to -40 and people still come back. #Winnipeg #Canada

Follow @metropicks and take part in our daily poll.

WE WANT TO HEAR FROM YOU: Send us your comments: saskatoonletters@metronews.ca

metro

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The Robin Hood mentality is often a thief sleight of hand

Now You See Me. The latest altruistic bank heist film is breaking into theatres this weekend, but it's not the first movie to have been there

IN FOCUS
Richard Crouse
scene@metronews.ca

Now You See Me starts giving back to audiences this weekend. HANDOUT

In just 12 minutes The Great Train Robbery tells the tale of a group of bandits who hold up a train and rob the passengers.

Made by Edwin Porter in 1903 it's been placed on the United States National Film Registry for its innovative use of composite editing, camera movement and on-location shooting.

It was one of the first narrative movies and it introduced moviegoers to the heist movie, a tradition that continues to this day.

This weekend Now You See Me presents an elaborate crime story of a team of magicians — led by Jesse Eisenberg, Woody Harrelson and Isla Fisher — who abracadabra their way into bank vaults.

They are Robin Hood-style crooks, stealing money and giving it back to their audiences.

The "steal from the rich to give to the poor" is a common theme in heist movies. Recently Tower Heist saw a rag tag group clean out a Bernie Madoff type in order to refund money to the people he swindled.

The Maiden Heist stars Christopher Walken as a museum security guard infatuated with the painting that gives the movie its name.

When it is announced that the artwork has been sold to a Danish gallery he's distraught — "Do you know how far away Copenhagen is?"— and ropes Morgan Freeman and William H. Macy into stealing the painting and two others so they can enjoy them together. Not exactly Robin Hood — they're stealing from the rich to give to themselves — but their motives are artistically pure.

Not so pure are the reasons behind the heist in The Good, the Bad, the Weird — an Asian take on the similarly named Sergio Leone spaghetti western.

It's a chaotic two-hour chase for a treasure map — and then the treasure — in 1930s wartime Manchuria between a bounty hunter (the Good, played by Jung Woo-sung), a leader of evil bandits (the Bad, Lee Byung-hun) and a train robber (the Weird, Song Kang-ho).

Director Ji-woon Kim calls this a "kimchee western," after the national dish of Korea because the plot and film, like the people of Korea, he says, are spicy and vibrant.

The Good, the Bad, the Weird has a few laughs but A Fish Called Wanda's story of armed robbery is a full-on comedy crime caper.

It has a 96 per cent rating on Rotten Tomatoes and was named one of the greatest British films of all time by Total Film.

Heist ethics

They are Robin Hood-style crooks, stealing money and giving it back to their audiences. The "steal from the rich to give to the poor" is a common theme in heist movies.

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Kanye West

Kanye loses battle of the Alamo

Kanye West's bid to project his video for New Slaves on the Alamo in Texas turned out to be a losing battle when it became clear he had no permit for the spontaneous event, according to MySanAntonio.com. West announced his intentions to use the landmark on his website, prompting around 500 people — both fans and protesters — to turn up. But police got there first. A similar event in Houston was also shut down. "It's sad that people have such little respect for the Alamo," said a spokesman for the Texas General Land Office.

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Did Katy Perry nudge Pattinson away from Stewart?

It looks like Katy Perry might have been behind Robert Pattinson's decision to call it quits with Kristen Stewart, according to Life & Style. Perry, a pal of Pattinson's, reportedly told the Twilight star that he deserved better than Stewart after her affair with director Rupert Sanders came to light last summer.

"Katy never really supported Rob's decision to get back with Kristen. She always said they wouldn't last," a source says. "Katy told Rob she didn't think their relationship could withstand the cheating scandal. And he deserved better than someone who would destroy a family (like Rupert's.)" Since his breakup, Pattinson has been spotted out and about with Perry in New York and in Santa Barbara, where the pair hung out at a hotel and spied on a wedding rehearsal, according to People magazine.

"They just sat together and watched," a source says. "They were not affiliated with the wedding party and were not seen mingling with guests." METRO WORLD NEWS

Bieber's reckless driving disturbing neighbourhood

Justin Bieber is getting on his neighbours' nerves once again, and this time it's because he won't slow down near his home.

The Canadian pop star was visited by the L.A. County Sheriff's Department in response to complaints about his reckless driving on the streets around his home, according to E! News. Police reportedly received numerous calls about the singer's driving on Monday alone, with many complaining that his speeding endangers the lives of neighborhood children playing outside.

Twitter

@mindykaling
I think I was the only person who ate food at the bbq I was at today - and I'm fine with that - I just want everyone to know that I know.

@MARLONWAYANS
Haven't slept in weeks.. . Wtf???

@JonahHill
Willy Wonka's a dark movie.One kid drowns,one blows up and pops,one gets sucked into machinery and one gets turned into tiny particles!

@Courtney
@AmandaBynes pull it together dude.

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- Outstanding communication skills
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- Attention to details and thoroughness in the execution of tasks
- Must be a team player with a great, and we mean great, sense of humor

Interested individuals who possess the skills described above are requested to submit their resume and cover letter via email to hr@metronews.ca no later than June 14, 2013. PLEASE QUOTE: "Receptionist - Saskatoon" in the subject line. All submissions will be treated as confidential.

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The Jersey Shore isn't going to let a superstorm get in the way of its summer fun. A good portion of the area is not only open and ready, but the folks there are pushing new ways for you to experience it — from big clubs to dog-friendly beach bars.

DOROTHY ROBINSON
Metro World News in New York

FLICKR: R'LYEH IMAGES

A fist pump for the Jersey Shore

HANDOUT

HQ Beach Club/HQ Night Club at Revel

For those who like their summertime with a heavy dose of party, there's HQ Beach Club and HQ Nightclub, two new destinations at Atlantic City's newest casino, Revel. For night owls, the HQ Nightclub will host a revolving cast of high-profile DJs. And those who like their sunshine with a side of table service should try the HQ Beach Club, a luxe pool lounge with model servers offering bottle service for those relaxing on their daybeds or bungalows (reservations required).

HANDOUT

Pier Village's Le Club Avenue

The Jersey Shore gets exclusive with the Avenue's Beach Club, located in Long Branch. The members-only club is family-friendly during the day but transforms into a more adults-only spot at night with cocktails, a full menu and open-air lounges complete with a rooftop pool. Membership prices range from $3,000 to $5,500; weekend passes are also available when capacity permits. Call 732-759-2900 for more information.

FRANK SCOTT

Beach Shack/Rusty Nail gets pet friendly

Going to the beach doesn't mean that your favourite furry friend has to stay home. The Beach Shack, Cape May's laid-back beachfront motel, is allowing dogs to stay overnight as well as to dine (from a new doggie menu) at popular beach bar the Rusty Nail. Rates for the Paw's Up package start at $156 a night, which includes a $35 a night pet fee.

HANDOUT

Haven Nightclub

The Golden Nugget is making a big play in the nightlife market with the opening of its brand-new Haven Nightclub. The latest entry into the AC nightlife scene boasts a state-of-the-art DJ booth, LED video wall, dance floor, 25 banquettes offering signature table service and two full-service bars. Ke$ha and Pitbull were on hand for the grand opening earlier this month.

Ooh la la worthy French Toast

French toast is synonymous with breakfast or brunch and this warm weather version is a must try.

With its three golden slices of egg loaf topped with caramelized bananas and sliced strawberries finished with maple cream sauté, it's simply delicious.

Ingredients

- 1 1/2 cups (360 ml) 35% Cream
- 1 egg
- 1 tsp (5 ml) cinnamon
- 1 tsp (5 ml) nutmeg
- 1 tsp (5 ml) allspice
- 12 egg bread slices
- 1 banana, thinly sliced
- 1 tbsp (15 ml) brown sugar
- 2 tbsp (30 ml) pure maple syrup
- 5 strawberries, thinly sliced
- Icing sugar, for dusting

1. To make French toast batter: Combine 1 cup of the cream, egg and spices in stainless steel bowl. Whisk thoroughly until smooth.

2. Dip each slice of egg bread for about 5 seconds in batter, then place immediately on lightly oiled griddle on medium heat.

3. Cook for approx. 2 minutes, then flip over and continue cooking until both sides are golden brown.

4. To make sauce: toss banana and brown sugar together in bowl. Add to small pan on medium heat with a small amount of butter. Cook until sugar begins to melt and bananas are a nice golden colour.

5. Reduce heat to low and add maple syrup. Keep the pan moving to ensure sugars don't burn.

6. Once syrup is bubbling, remove pan from heat and add remaining 1/2 cup of cream. Lightly stir until all ingredients come together. Keep warm.

7. Place 3 pieces of French toast on a plate and top with generous amount of sauce. Garnish with sliced strawberries and dust with icing sugar.

CHEF BRYAN JUREK OF PRIME PUBS' FAMILY OF PREMIUM PUBS, WHICH INCLUDES FIONN MACCOOL'S AND D'ARCY MCGEE'S.

French Toast

This recipe serves four. PRIME PUBS

Drink of the Week

Chocolate Almond Banana Smoothie

Give your morning or afternoon snack a bit of a kick-start with this cool and refreshing shake.

- 1 bottle (about 1/1/2 cups/ 350 ml) chocolate almond milk
- 1 medium banana, broken into pieces
- 1/2 cup (120 ml) ice cubes
- 2 tbsp (30 ml) almond butter
- 2 tbsp (30 ml) soy protein powder

Combine all ingredients in blender and puree until very smooth. Pour into 2 tall glasses and garnish with bananas if desired.

NEWS CANADA/ ALMONDBOARD.COM

Breakfast. Skillet Garden Eggs with Fontina

This recipe began with the idea of egg-in-a-hat — sometimes called egg-in-a-basket — in which an egg is cracked into a hole cut in the centre of a slice of bread. The whole thing is pan-fried.

Instead of toast, use the same idea with a bed of vegetables by sautéing a vegetable hash, then nestling eggs into the centre of it.

Ingredients

- 1 tbsp olive oil
- 2 slices prosciutto, chopped
- 1 small red onion, chopped
- 2 cups chopped Swiss chard
- 1/2 small zucchini, finely chopped
- 1/2 cup halved cherry or grape tomatoes
- Salt and ground black pepper
- 4 eggs
- 1/2 cup grated fontina cheese

1. In skillet over medium, heat olive oil. Add prosciutto and onion and sauté until onion is tender, about 5 minutes. Add Swiss chard and zucchini and cook for another 5 to 6 minutes, or until the vegetables are tender and beginning to brown.

2. Add tomatoes and season with salt and pepper. Stir well, then arrange veg in even layer. Using spoon, create 4 wells in veg, each about 2 inches across. Crack egg into each well. Cover skillet and cook until just shy of desired doneness, 4 minutes.

3. Sprinkle cheese over vegetables and eggs, then cover and cook for another minute. Use a spatula to transfer half of the vegetables and 2 eggs onto each plate. THE ASSOCIATED PRESS

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metro

Disconnect from your desk at day-end

At the end of last year, the number of smartphones used around the world reached a colossal one billion. For businesses, the perks of technology advancements are endless. This is the case most of the time for consumers as well. However, with the world at your fingertips 24/7, it's easy to feel like you always need to be connected — especially when starting a new job. SO how do you leave work at work when it follows you home every day in the form of a mobile device?

MEGHAN GREAVES
TalentEgg.ca

Speak up

It's likely that the person contacting you in the evening or on weekends has no comprehension of how you spend your time outside of work. If there seems to be a common denominator when it comes to who's seeping into your "you" time, talk to them about it! Simply ask them to hold off on sending work-related emails during non-work hours unless it's truly urgent. Most people will understand.

Step outside yourself

Take a moment to see how others may feel about your smartphone habits. Whether it's your friend, parent or child, no one likes the feeling that you're prioritizing your attention to your device over them. So drop the phone and focus your attention on what really matters in that moment.

Learn to separate the importance of notifications

When you hear your phone go off, you likely go into a thought process that consists of: I wonder who that is? I wonder what it's about? I wonder if it's important? I wonder if I should check that? And so on. But not every alert is an urgent matter. Chances are, if it's something truly earth-shattering, the person trying to reach you will do so by calling.

Let go of the guilt

When you don't respond within a prompt time frame (for many people, that means immediately), you may feel like you're slacking. The truth is, unless you're being paid to be on the clock at all times, you're allowed to have work-free time.

TALENTEGG.CA IS CANADA'S LEADING JOB SITE AND ONLINE CAREER RESOURCE FOR COLLEGE AND UNIVERSITY STUDENTS AND RECENT GRADUATES.

Keep your eyes on the wise

A guide to being guided. To make a search for your mentor successful, you must look for who you could learn the most from

RACHEL MCKEE
TalentEgg.ca

Sometimes a boost can be just what you need to jump-start your career, and finding a mentor is one great way to do that.

The mentor-mentee relationship is a precious one. A mentor can coach you in your chosen field and open up a whole variety of new opportunities to you while you also keep your teacher abreast of more recent developments you've learned as a young person in your industry.

What to do once you've met a potential mentor

1. Ask for advice, not mentorship: How you start a mentor-mentee relationship? Ask your potential mentor for advice about something rather than making the overly-formal request of "Will you be my mentor?" With any luck, your relationship will blossom from there.

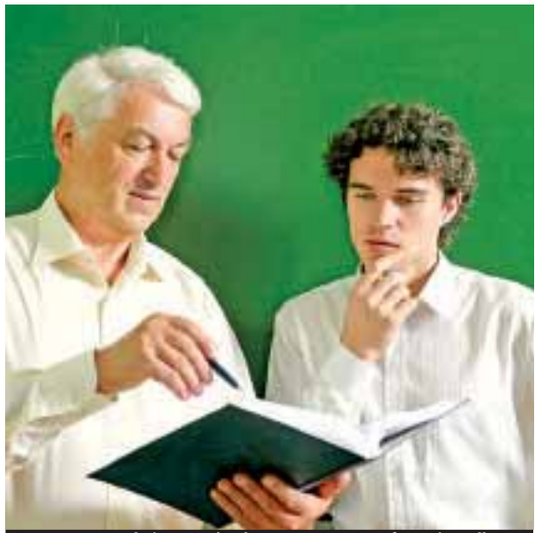
2. Stay in touch: Once you've met a potential mentor, hopefully you will have had the chance to get their contact details. Send them an email saying how great it was to meet them and recall an interesting part of your conversation to signal to them that you were listening and you were engaged in what they were saying.

3. Ask them questions, but don't bombard them: A good mentor wants to help you, but you shouldn't take advantage of their good nature. They are probably a very busy person and while they likely want to answer your questions, they may not have a whole lot of time to do so.

Won't you be my mentor?

Where to meet your match

- **Networking events:** Signing up for networking events at your school or in your area can be a really great way to meet potential mentors, but also a useful method of getting your foot in the door in your industry of interest.
- **School:** Universities or colleges often employ industry professionals to teach classes, and making use of these connections to the outside world can provide you with a mentor who understands both the culture of the classroom and the workplace.
- **Social media:** Do you have a blog or Twitter account that you love to follow? If someone is posting things that are both interesting and useful in your chosen field, then chances are they may have much more information that they'd be interested in sharing with you.



Prepare your ponderings: Don't ask your mentor a ton of questions all at once and try to keep the ones you do ask as succinct as possible.
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NHL

Roy, Sakic look for Stanley Cup hat trick with Colorado

The Colorado Avalanche introduced Patrick Roy as their new coach Tuesday.

Patrick Roy
THE ASSOCIATED PRESS

The 47-year-old Roy joins forces with former teammate-turned-executive Joe Sakic to fix a squad that's missed the playoffs three straight seasons. Roy and Sakic helped the Avs to Stanley Cup titles in 1996 and 2001.

"Joe and I had an opportunity to be part of something in the past," Roy said. "I think we're going to be part of something special in the future."

THE ASSOCIATED PRESS

NBA playoffs

Pacers draw even with Heat

Roy Hibbert had 23 points and 12 rebounds, Lance Stephenson added 20 points, and the Indiana Pacers charged back late to beat the Miami Heat 99-92 on Tuesday night and tie the Eastern Conference finals at 2-2.

LeBron James led the Heat with 24 points before fouling out with 56 seconds to go. Mario Chalmers had 20 points on a night the defending NBA champs failed to take command of the series.

The Pacers started fast and spent the rest of the night trying to fend off Miami's continual comebacks.

THE ASSOCIATED PRESS

More sorrow for Jays' sore Morrow

MLB. Starting pitcher unable to shake discomfort in forearm as Braves go on attack and win in extra inning

On Tuesday

Braves	Blue Jays
7	6

It didn't take long to realize there was something wrong with Brandon Morrow.

His velocity was down, his slider wasn't working and the opposing team was taking advantage. Through two laborious innings Morrow was tagged for four runs, two earned, before the Toronto Blue Jays yanked their starting pitcher.

The Braves then went to work on Toronto's bullpen, which gave up three home runs. Brian McCann hit a pair of homers — including a tie-breaking solo shot in the 10th inning — as Atlanta edged the Blue Jays 7-6 on Tuesday afternoon.

Morrow said his right forearm has been sore since his last appearance. There's no pain, just a lingering discomfort that hampered him on the mound.

"It wasn't explosive, the ball wasn't coming out of my hand really well," he said. "It was just like there wasn't anything in there.

Morrow's day was done after 47 mostly off-speed pitches. His fastball has averaged 93.6 m.p.h. this season according to FanGraphs, but dipped during the game to 91.

Morrow said he plans to let the forearm rest and still expects to make his next start Sunday in San Diego.

With Morrow gone, the Blue Jays turned to reliever Ramon Ortiz for three innings. Ortiz held on until giving up back-to-back homers by Evan Gattis and McCann that gave Atlanta a 6-4 lead.

The bullpen rebounded for Toronto (22-30) with scoreless innings from Aaron Loup, Brett Cecil and Steve Delabar. But in the 10th inning, McCann turned on the second pitch from Thad Weber (0-1) for his first multi-homer game of the season and the ninth of his career.

After the game, Weber was optioned to triple-A Buffalo, Ortiz was designated for assignment and the team announced closer Casey Janssen had been held out of the game with mild soreness in his shoulder.

THE CANADIAN PRESS

Quoted

"It's part of baseball. You deal with it."

Blue Jays manager John Gibbons on the injuries his players have sustained.

Blue Jays starting pitcher Brandon Morrow was ineffective against the Braves on Tuesday in Toronto. He was on the mound for just two innings.
DAVID COOPER/TORSTAR NEWS SERVICE

4 SPORTS

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Whitfield's mixed emotions on return to mixed discipline

One foot out the door.
Golden boy triathlete from 2000 Olympics close to calling it a career

Olympic triathlon champion Simon Whitfield isn't ready to officially retire just yet.

The 38-year-old from Kingston, Ont., said Tuesday that he considers himself "semi-retired," and there's just a "10 per cent" chance he'll return to full-time racing.

"I'm leaving the door open simply because I don't want to pull a Brett Favre and say I'm done and then come back," Whitfield said at a Toronto Triathlon Festival news conference. "Maybe I just haven't come to terms with saying 'Fully retired,' so I'm putting semi in front of it to give myself an out."

Simon Whitfield opened his fourth career Olympic competition as Canada's flag-bearer in London last summer but suffered a broken collarbone in a bike crash during the triathlon. TORSTAR NEWS SERVICE

Whitfield said although he's currently training at less than 50 per cent, he could still decide to race. But where it would normally take him 12 weeks to prepare for a competition, Whitfield said he'd likely need between 16 and 20 weeks to ensure he's able to cover a triathlon's 1.5-kilometre swim, 40-kilometre bike ride and 10-kilometre run at a high level.

Trouble is, that would also mean being away from his wife, Jennie, and their two daughters, Pippa and Evelyn.

"My family is my priority now and spending more time with them," Whitfield said. "I know what it takes to be at that top level and I really didn't like when people downplayed how much it took, so now for me to do both is very difficult."

"If I can find a place where I can balance it then I'll do that. Right now I can't so I'm not going to."

THE CANADIAN PRESS

Bluenosers bask in CHL glory

Halifax Mooseheads assistant captain Trey Lewis, left, carries the QMJHL championship President Cup trophy alongside teammate Stefan Fournier carrying the Memorial Cup through the Grand Parade on Tuesday in Halifax. The Mooseheads won the Memorial Cup on Sunday night with a 6-4 win over the Portland Winterhawks in Saskatoon. JEFF HARPER/METRO IN HALIFAX

Grappling for position

Wrestling leader confident of Olympic return

As the man leading wrestling's charge to preserve its Olympic status, Nenad Lalovic believes he's done what it takes.

Three months after wrestling was surprisingly dropped from the 2020 Games, Lalovic will present a new-look sport and revamped governing body to the IOC on Wednesday in a bid to keep its Olympic place.

"I'm confident," Lalovic, the new president of international federation FILA, said Tuesday. "A lot of people say to me, 'Oh, you won't face any problem here,' but we'll see. We did everything we could. Nothing else was possible."

Wrestling is competing against a combined baseball-softball bid, karate, roller sports, sport climbing, squash, wakeboarding and the Chinese martial art of wushu for a single opening on the 2020 lineup.

THE ASSOCIATED PRESS

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NHL PLAYOFFS

CONFERENCE SEMIFINALS

(Best-of-7 series; All times Eastern)

EASTERN CONFERENCE

PITTSBURGH (1) VS. OTTAWA (7)

(Pittsburgh wins 4-1)

BOSTON (4) VS. N.Y. RANGERS (6)

(Boston wins 4-1)

WESTERN CONFERENCE

CHICAGO (1) VS. DETROIT (7)

(Series tied 3-3)
Monday's result
Chicago 4 Detroit 3
Wednesday's game
Detroit at Chicago, 8 p.m.

LOS ANGELES (5) VS. SAN JOSE (6)

(Series tied 3-3)
Tuesday's result
San Jose at Los Angeles

SCORING LEADERS

	G	A	Pt
Krejci, Bos	5	12	17
Malkin, Phg	4	12	16
Letang, Phg	3	13	16
Crosby, Phg	7	8	15
Horton, Bos	5	7	12

Tuesday's game not included

NBA PLAYOFFS

CONFERENCE FINALS

(Best-of-7 series; All times Eastern)

EASTERN CONFERENCE

MIAMI (1) VS INDIANA (3)

(Miami leads 2-1)
Tuesday's result
Miami at Indiana
Thursday's game
Indiana at Miami, 8:30 p.m.

WESTERN CONFERENCE

SAN ANTONIO (2) VS MEMPHIS (5)

(San Antonio wins 4-0)
Monday's result
San Antonio 93 Memphis 86

MLB

AMERICAN LEAGUE

EAST DIVISION

	W	L	Pct	GB
Boston	32	21	.604	—
New York	30	20	.600	½
Baltimore	28	23	.549	3
Tampa Bay	26	24	.520	4½
Toronto	**22**	**30**	**.423**	**9½**

CENTRAL DIVISION

	W	L	Pct	GB
Detroit	29	20	.592	—
Cleveland	27	23	.540	2½
Chicago	24	25	.490	5
Kansas City	21	28	.429	8
Minnesota	20	28	.417	8½

WEST DIVISION

	W	L	Pct	GB
Texas	32	20	.615	—
Oakland	29	23	.558	3
Los Angeles	23	28	.451	8½
Seattle	22	29	.431	9½
Houston	15	37	.288	17

Tuesday's results
Atlanta 7 **Toronto 6** (10 inn.)
Philadelphia 3 Boston 1
St. Louis 4 Kansas City 1
Colorado 2 Houston 1
Chicago Cubs at Chicago White Sox, ppd.
Pittsburgh at Detroit
Miami at Tampa Bay
San Francisco at Oakland
San Diego at Seattle
Monday's results
Toronto 9 Atlanta 3
St. Louis 6 Kansas City 3
Houston 3 Colorado 2 (12 inn.)
Tampa Bay 10 Miami 6
Oakland 4 San Francisco 1
Seattle 9 San Diego 0
Chicago Cubs 7 Chicago White Sox 0
Detroit 6 Pittsburgh 5
Boston 9 Philadelphia 3
Wednesday's games — All times Eastern
Washington (Zimmermann 8-2) at Baltimore (Tillman 4-2), 7:05 p.m.
N.Y. Mets (Hefner 0-5) at N.Y. Yankees (Phelps 3-2), 7:05 p.m.
Cincinnati (Arroyo 5-4) at Cleveland (Masterson 7-3), 7:05 p.m.
Arizona (McCarthy 2-3) at Texas (Grimm 4-3), 8:05 p.m.
Milwaukee (Estrada 4-2) at Minnesota (Deduno 0-1), 8:10 p.m.
L.A. Dodgers (Capuano 1-3) at L.A. Angels (Weaver 0-1), 10:05 p.m.

NATIONAL LEAGUE

EAST DIVISION

	W	L	Pct	GB
Atlanta	31	20	.608	—
Washington	26	25	.510	5
Philadelphia	25	27	.481	6½
New York	19	29	.396	10½
Miami	13	38	.255	18

CENTRAL DIVISION

	W	L	Pct	GB
St. Louis	34	17	.667	—
Cincinnati	32	19	.627	2
Pittsburgh	31	20	.608	3
Chicago	20	30	.400	13½
Milwaukee	19	30	.388	14

WEST DIVISION

	W	L	Pct	GB
Arizona	30	22	.577	—
San Francisco	28	23	.549	1½
Colorado	28	24	.538	2
San Diego	22	28	.440	7
Los Angeles	21	28	.429	7½

Tuesday's results
Baltimore at Washington
Cleveland at Cincinnati
N.Y. Yankees at N.Y. Mets
Minnesota at Milwaukee
L.A. Angels at L.A. Dodgers
Monday's results
Cincinnati 4 Cleveland 2
N.Y. Mets 2 N.Y. Yankees 1
Minnesota 6 Milwaukee 3
Baltimore 6 Washington 2
Arizona 5-5 Texas 3-4
L.A. Dodgers 8 L.A. Angels 7
Wednesday's games — All times Eastern
Chicago White Sox (Danks 0-0) at Chicago Cubs (Feldman 4-4), 2:20 p.m.
Boston (Lackey 3-4) at Philadelphia (Kendrick 4-3), 7:05 p.m.
Detroit (Sanchez 5-4) at Pittsburgh (Burnett 3-5), 7:05 p.m.
Toronto (Rogers 1-2) at Atlanta (Medlen 1-5), 7:10 p.m.
Tampa Bay (Hernandez 2-5) at Miami (Koehler 0-2), 7:10 p.m.
Kansas City (Mendoza 1-2) at St. Louis (Lynn 7-1), 8:15 p.m.
Houston (Bedard 0-2) at Colorado (Chatwood 3-0), 8:40 p.m.
Seattle (Saunders 3-5) at San Diego (Stults 4-4), 10:10 p.m.
Oakland (Milone 4-5) at San Francisco (Lincecum 3-4), 10:15 p.m.

Insurance: The good & bad guys

Autopilot. Heroes and villains: A big money fraudster who bit off too much and those kind people who left letters on my car

AUTO PILOT
Mike Goetz
drive@metronews.ca

There's been lots of talk recently about the high cost of vehicle insurance. A report by the Fraser Institute concluded that provinces with "government insurance monopolies" tend to have higher premiums than provinces with "private sector, competitive markets."

But Ontario has the highest premiums of them all — higher than provinces with so-called insurance monopolies. If the Ontario NDP gets its way, the Ontario Liberal Government will include some insurance cost reform in its soon-to-be-tabled Budget.

Through the Insurance Bureau of Canada (IBC) the private insurers have just mounted a public campaign, to explain the Ontario discrepancy. Its argument, backed by the Fraser Report, is that most of the money is going to the wrong places — hidden legal fees, fraud, and excessive assessments by for-profit medical facilities.

One criminal outfit called "Project 92" was estimated to bill $25 million in fraudulent insurance claims. Its ringleader, now behind bars, staged fake accidents and had corrupt accomplices in every link of the repair and medical chain, who overbilled for everything.

When vehicles come together in noisy and expensive ways, it's not always the worst in people that shows up; sometimes it's the best. At least that's been my experience.

Over the years I've had three parked cars that have been hit by somebody when I wasn't around, and in every instance, they left a note, and eventually made proper restitution.

The most memorable of these occasions was the latest one, involving the guy that delivers our morning paper in his old van. I guess on that fateful morning he jumped out of his van without first putting it into "park." It went down the street, driverless, first careening off our Mazda6, then settling into a Hyundai Sonata owned by my neighbour Tim.

When Tim and I went out in the morning, we both found notes on our cars, just listing a phone number to call about the damage. My left mirror was gone, and a fender was creased. Tim's car was a bit worse.

I eventually got hold of his teenage son, who explained that his father, being a recent immigrant, couldn't speak English too well. Both of them would come around on Saturday to make arrangements. I offered to call my insurance company. Maybe he just could pay the deductible? I was a bit worried that his body shop of choice might not do the job as properly as my body shop of choice.

He said I should not worry at all about getting my car fixed, or getting it fixed properly, because his father was a very honest man. I distinctly remember how he said all this. He said it slow and with no inflection, like he wasn't trying to sell me anything, just stating a fact.

The cars were fixed promptly and properly. I can't imagine how many days delivering newspapers it took to pay a body shop to fix both cars that way, but probably a few.

Car insurance is pricey, but common decency? That's priceless. ISTOCK

Airbag safety is all in your hands

Driving force. Be careful what you keep on your lap and how you handle your wheel

JIL MCINTOSH
drive@metronews.ca

Do you "hook" the wheel when you make a turn, reaching in and holding it with your palm facing you?

If so, it's a very bad habit that you need to change. Not only does it affect your driving, but it has the potential for serious injury.

"You should drive with two hands at either side, at 10-and-2 or 9-and-3," says Scott Marshall, director of training for Young Drivers of Canada.

"By hooking your hand inside the wheel, you're limiting your steering ability. If you use your right hand, you can steer to your left, but you can't steer to your right if a problem occurs.

"There's a higher possibility that you can't control the car, and you get in a crash."

Your steering wheel contains an airbag which, in a crash, deploys in milliseconds at some 300 km/h to prevent you from hitting the dash or windshield.

If you're hooking the wheel when this happens, the airbag will break your arm.

If you drive with one hand at the top of the wheel, it puts your arm across the airbag. If it deploys, it will smash your hand into your face.

"You'll be severely injured because of your own knuckle and any jewelry you're wearing," Marshall says.

If your hands are at the sides of the wheel, the airbag will force them sideways and away from your face.

You may bruise your knuckles on the door panel, but it's preferable to risking broken bones or facial injuries.

"Don't be in fear of the airbag," Marshall says. "You should sit at least 25 centimetres away from the wheel, because the force is strongest at the beginning of its deployment.

"Sit as far back as you can, but so your right foot can touch the floor behind the brake pedal, with a slight bend in your leg.

"When you have two hands on the wheel, you should have a slight bend in your arms.

"You can make adjustments with the back of the seat if you're shorter. You can sit closer, but recline the seat."

The right side of the dash also contains an airbag. Passengers should sit as far back as possible.

They should also never put their feet on the dash, since a deploying airbag can cause severe leg injuries.

Rules

- **No items on lap.** Don't carry items on your lap. In a crash, hard or sharp items such as the corners of boxes can cause injury.
- **Pets should be buckled up.** A deploying airbag will kill a pet sitting on your lap. Pets should be in the back seat, buckled in with a travel harness or pet carrier.
- **Be aware of the airbag positions.** Most newer vehicles have at least six airbags. Know where they are, and sit safely around them.

Injury can occur if the airbag goes off while you hook the steering wheel. F. BOTTCHER

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Horoscopes

♈ Aries
March 21 - April 20
There is no point in trying to avoid obligations. Fortunately, what you have to do over the next few days won't be as difficult as you fear. Once you start, you may enjoy it.

♉ Taurus
April 21 - May 21
You're avoiding a showdown with someone you love. It may be understandable but it's not very smart. The sooner you let each other know why you are so angry, the sooner the healing process can begin.

♊ Gemini
May 22 - June 21
Your luck is about to turn for the better and before you know it good things will be coming at you from all directions. Good people too. You will attract just the right person at just the right time.

♋ Cancer
June 22 - July 23
Aim to be a bit more tactful when dealing with colleagues. In a matter of days you will have a clearer picture of what needs to be done to turn a loss into a gain but you don't have to be pushy about it.

♌ Leo
July 24 - Aug. 23
Make sure your long-term plans are practical. If you have not thought them through properly, they could fall short of expectations. Know your goals and have a Plan B ready.

♍ Virgo
Aug. 24 - Sept. 23
You think too much and because of that, you worry too much as well. The message of the stars is that you should stop analyzing each and every detail. Go with the flow.

♎ Libra
Sept. 24 - Oct. 23
You may be yearning for things you are unlikely to get. But over the next two days a more realistic attitude will set in. Then, remarkably, you will find that what you desire suddenly comes easily to you.

♏ Scorpio
Oct. 24 - Nov. 22
Don't get so caught up in the social whirl today that you fail to notice a career opportunity of some kind. In a matter of weeks, you could move several rungs up the ladder of success.

♐ Sagittarius
Nov. 23 - Dec. 21
You don't have time to wallow in negativity — there are too many interesting things going on in the world. One special person needs help though. Spare them an hour of your time and get them smiling.

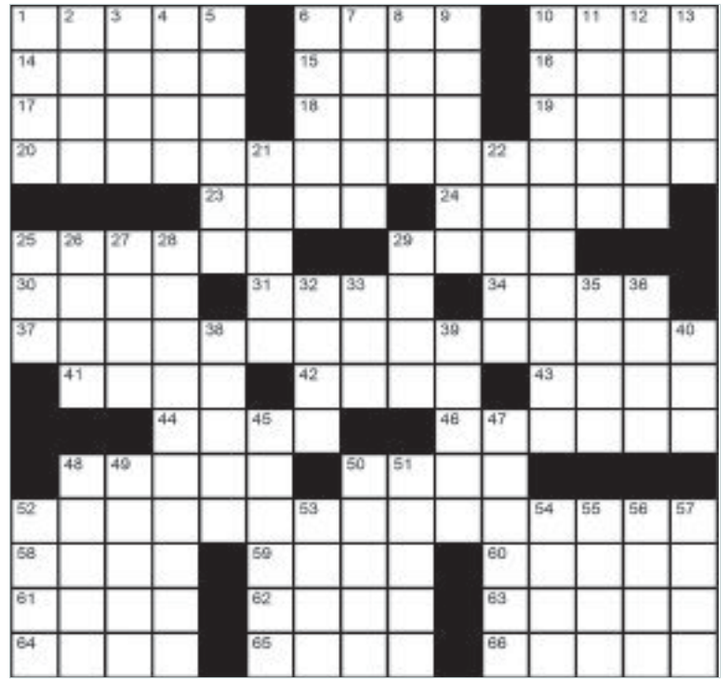
♑ Capricorn
Dec. 22 - Jan. 20
Do something that makes you feel good about yourself today. Your problems may seem huge but in reality they can't hurt you in the slightest. What is it that makes you feel glad to be alive? Do it some more.

♒ Aquarius
Jan. 21 - Feb. 19
Life will offer you opportunities but it is up to you whether or not you do anything with them. An interesting offer will come your way over the next few days. Make it your own.

♓ Pisces
Feb. 20 - March 20
Fame and fortune can be yours if you want them but do you? As a Pisces, you may prefer to keep a low profile, but if so that's a shame as you have so much to offer. SALLY BROMPTON

Crossword: Canada Across and Down

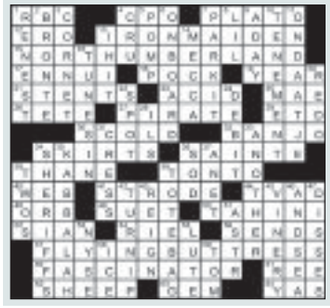
BY KELLY ANN BUCHANAN



Across
1. Then, in Tadoussac
6. Pal; or, 104.5 __ FM (Toronto radio station)
10. Link up
14. "__ __ can be told." (The story can be revealed finally)
15. Stockings
16. Do __ others...
17. Singer Mr. Lopez
18. "That's ___ surfboard!" (How gnarly!)
19. Glassmaking oven
20. They were extravagant shows on Broadway: 2 wds.
23. "Cool Hand __" (1967) starring Paul Newman
24. Westerns star John
25. Cat, at times
29. Rebuff
30. A famous Jessica
31. "Rolie Polie __"
34. Additional
37. Quebec City's historic 1759 battleground: 3 wds.
41. AD = __ Domini
42. Comic actress Roseanne
43. Bean __ (Tofu)
44. Knowing
46. Low-carb diet
48. __ que (Because, in French)
50. Two-and-two's sum
52. Armour-wearing mounted warriors: 2 wds.
58. Jagged cliff
59. Actor, Chris D'__
60. Spy's disguise garment
61. Addiction-causing Crystal
62. Pre-Beatles band for Ringo, __ Storm & The Hurricanes
63. Ms. Clarkson
64. Q. "__ '__ Canada', the showbiz news program, on Global?" A. "Yes."
65. Butterfly banes
66. 2013, Year of the __

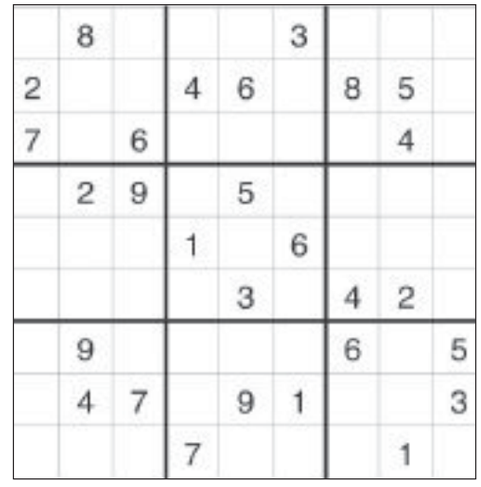
Down
1. 1998 animated bug flick
2. Ms. Singer of "Footloose" (1984)
3. Boo-boo
4. Finger jewelry
5. Suppress often
6. Sidewalk artist's tool
7. Throng of people
8. Thunderbirds org.
9. Guess Who song: "Hand ___ World"
10. 'Canada's Queen of R&B': 2 wds.
11. __ a million: 2 wds.
12. "..._ ___ wed."
13. Partners of neithers, 21. Across-the-Pond moneys
22. "Today" anchor Matt
25. Traveller's aid
26. 'Salmon' suffix (Kitchen prep worry)
27. Seaport of Scotland
28. Singer/pianist Rufus
29. Singe
32. Earring spot
33. "__ _ picture paints...": Bread song bit
35. Feng __ (Art of placement)
36. Pull in
38. Soft drink orderer's request: 2 wds.
39. Electric shavers name
40. ER pros
45. Ontario's Trent-__ Waterway
47. Fools
48. Fathers: French
49. Sets _ __ (What the engaged couple does)
50. Tease
51. Sanctions
52. Gladiator's 1901
53. __ vera
54. Country star Mr. Campbell
55. Greeting in Granada!
56. Converse
57. Scottish dog breed, __ Terrier

Yesterday's Crossword



Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.



Yesterday's Sudoku

1	7	4	9	8	3	6	2	5
8	2	6	4	7	5	1	9	3
9	5	3	6	2	1	7	8	4
4	1	8	7	6	2	3	5	9
2	6	5	8	3	9	4	7	1
3	9	7	5	1	4	8	6	2
6	3	1	2	9	7	5	4	8
7	4	2	3	5	8	9	1	6
5	8	9	1	4	6	2	3	7

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Thursday
22°/9°
Variable
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